



Parents and Carers (Primary)

www.thinkuknow.co.uk/parents



This presentation will cover:



- Children online
- What can you do?
- Thinkuknow resources for primary
- Thinkuknow resources for parents and carers
- Reporting to NCA-CEOP



What is Thinkuknow?



Thinkuknow is the education programme provided by CEOP.

Thinkuknow offers resources for different audiences:

4-7

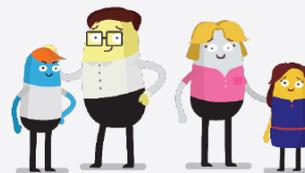
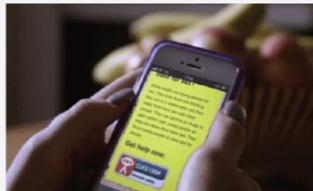
8-10

11-13

14+

Parents
and
Carers

Resources for those with special
educational needs and disabilities (SEND)



Visit www.thinkuknow.co.uk for information and advice



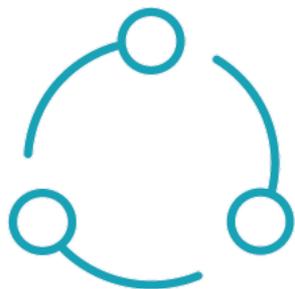
Children Online

www.thinkuknow.co.uk/parents



Parents and carers

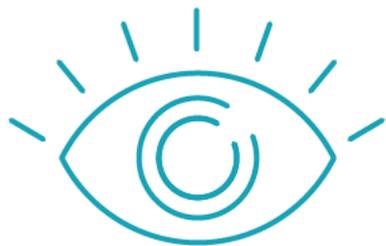
Understanding apps, sites and games



Sharing



Chatting

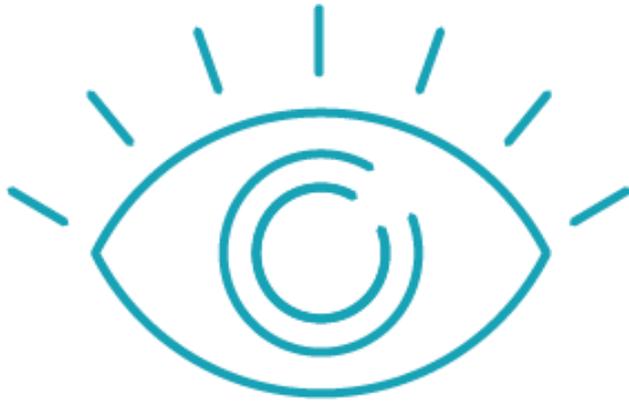


Viewing



Friending

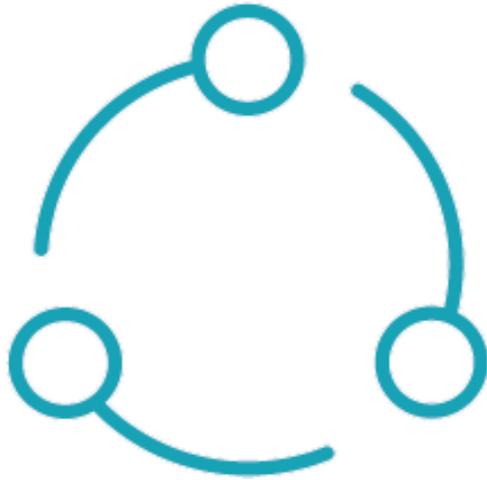
Understanding apps, sites and games



Viewing

- Anyone can post and share content
- There may be inappropriate, sexual or violent content online
- Most apps and games include privacy and security settings
- Parental controls and filters can also help manage online activities

Understanding apps, sites and games



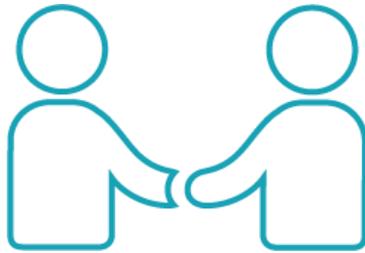
Sharing

- It's easy to share online
- Younger children – seek permission before they share
- Children should never feel pressurised, uncomfortable or blackmailed
- Look out for others by not sharing inappropriate content

Understanding apps, sites and games



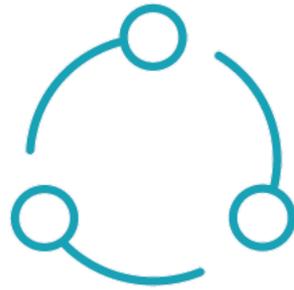
Chatting



Friending

- Chatting and meeting new people can be fun and appealing
- Most people just want to chat or be friends, but some seek to harm
- Advise them not to share too much personal information
- Talk to a trusted adult if anything worries them

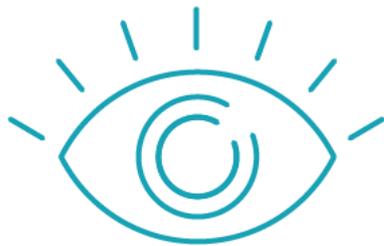
Understanding apps, sites and games



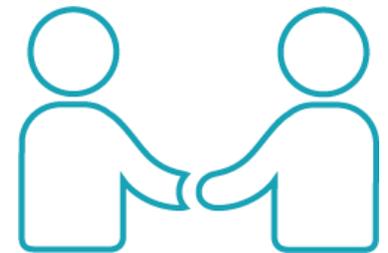
Sharing
What can you share?



Chatting
Who can you talk to? How? Where?



Viewing
What kinds of content do you see?



Friending
Who can you be friends with?



Viewing videos online

www.thinkuknow.co.uk/parents



In appropriate video content



The risks

- They may, accidentally, see something not intended for them
- They can be exposed to unsuitable videos through a link they've found or been sent, or an app they've downloaded
- They are curious and they may go looking for content



Viewing videos online



What can you do?

- **Talk to your child** - about the videos they like to watch, what makes a video inappropriate and what to do if they see anything they shouldn't.
- **Look up the age ratings** - before your child uses them for a guide as to whether it's appropriate.
- **Set up parental controls and filters** - to help you manage the content your child may see.



www.thinkuknow.co.uk/parents/articles/parents-guide-to-watching-videos-online



Gaming online

www.thinkuknow.co.uk/parents

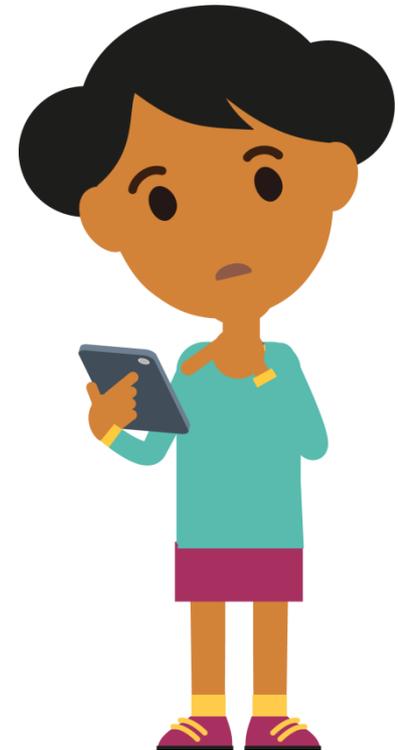


Gaming online



The risks

- Chatting with people they don't know
- Inappropriate or unmoderated chat
- Requests to chat in private
- Offering gifts or trades



Gaming online



What can you do?

- **Play with them** - to understand how they talk online, who they talk to online and what you're comfortable with.
- **Talk to them** - about the games they play, who they talk to and how.
- **Use family controls** - to manage, limit or turn off in-game chat.
- **Encourage reporting** – of inappropriate chat in game and anything in the game makes them feel worried or uncomfortable.



www.thinkuknow.co.uk/parents/articles/in-game-chat



Live streaming

www.thinkuknow.co.uk/parents



Parents and carers

Live streaming



The risks

- Exposure to age inappropriate content, including sexual or violent content
- Negative or inappropriate comments
- Acting on impulse, and saying or doing something they'd be less likely to do offline
- Inappropriate contact



Live streaming



What can you do?

- Talk to them – have an ongoing conversation as part of your family life.
- Use devices in public spaces.
- Go through privacy and safety settings.
- Be wary of requests to chat in private.
- Know where to get support and how to report.



www.thinkuknow.co.uk/parents/articles/what-is-live-streaming



Social media

www.thinkuknow.co.uk/parents

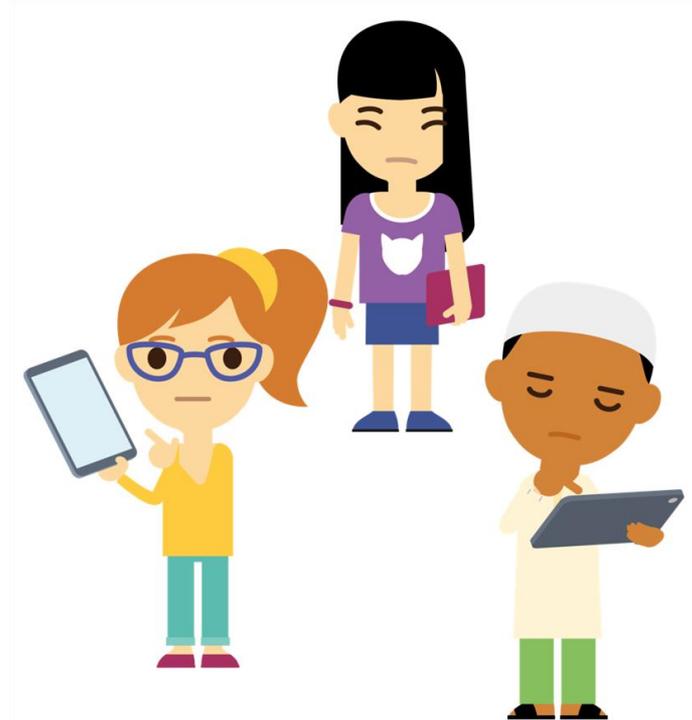


Social media



The risks

- Inappropriate content
- Inappropriate behaviour
- Over-sharing
- Making friends with people they don't know



Social media



What can you do?

- Make sure they are ready.
- Be a great role model.
- Get involved and support them.
- Talking about safe social media use.



www.thinkuknow.co.uk/parents/articles/is-my-child-ready-for-social-media



What can you do?

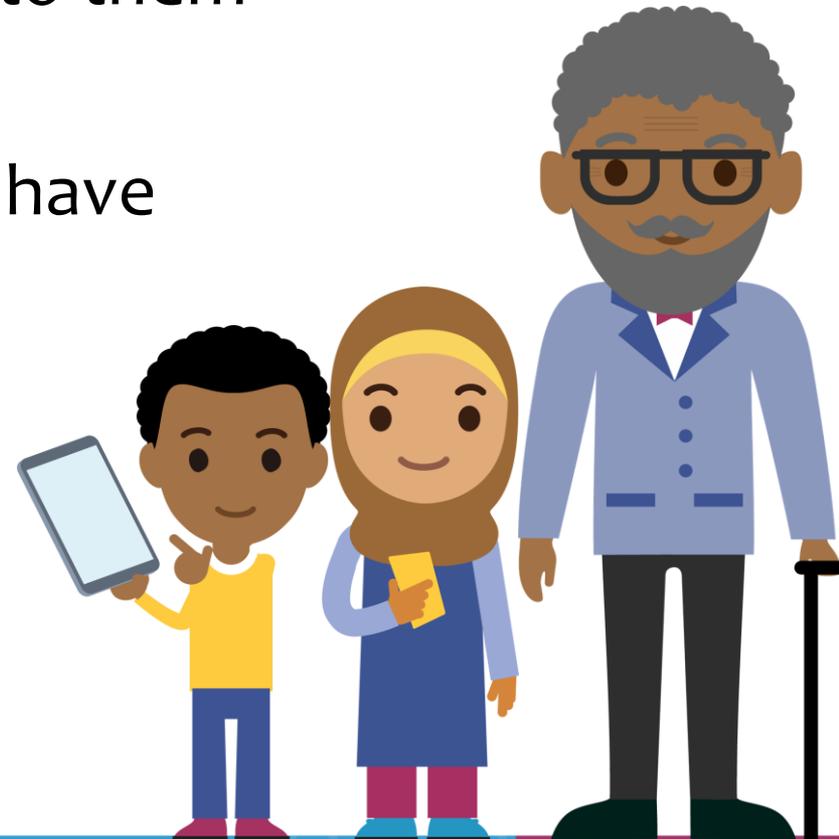
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Parents and carers

Chat little and often

- Talk to your child about their life online
- Take the opportunity to talk to them about how to stay safe
- Explain any worries you may have



Report anything that worries them

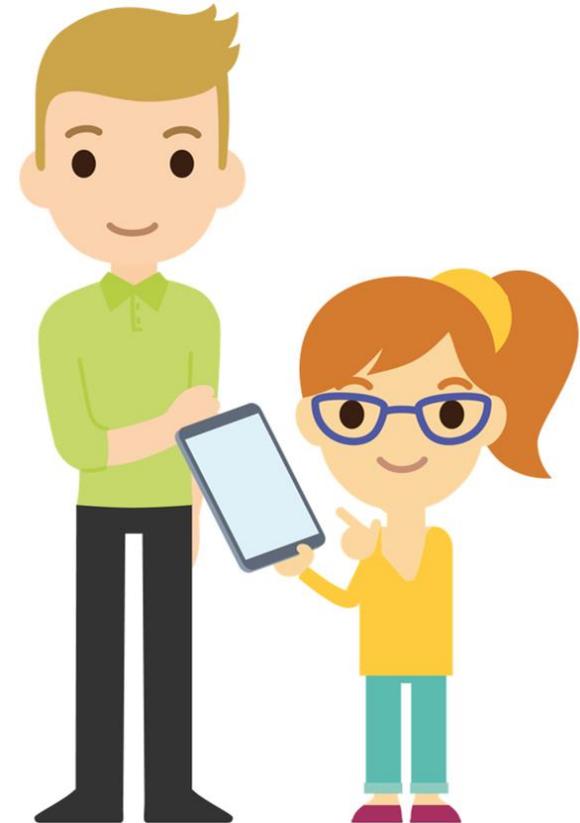


- Make sure they know they can come to you
- Help them identify trusted adults
- Let them know you won't blame them



Take some practical steps

- Create a family agreement and regularly review
- Use parental controls
- Direct your child to age appropriate information





Thinkuknow resources

www.thinkuknow.co.uk/parents



Parents and carers

Resources for primary aged children



4-7s: Jessie & Friends

8-11s: Play Like Share & Band Runner Game



4-7s: Jessie & Friends



I would like advice on...



[Home](#) [Get Advice](#) [Concerned about your child?](#) [How to get help](#) [Who are we?](#) [Support tools](#)



Watch Jessie & Friends: online safety education for 4- 7 year olds



This series of three animations aims to give 4-7 year olds knowledge, skills and confidence to help them respond safely to risks they may encounter online.

8-10s: Play Like Share



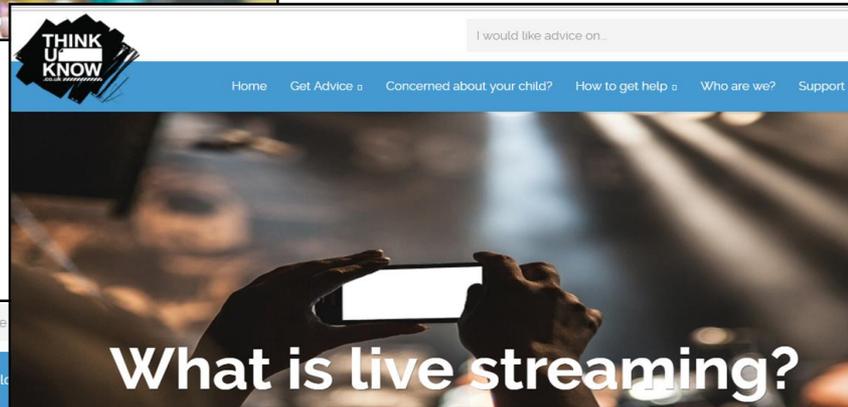
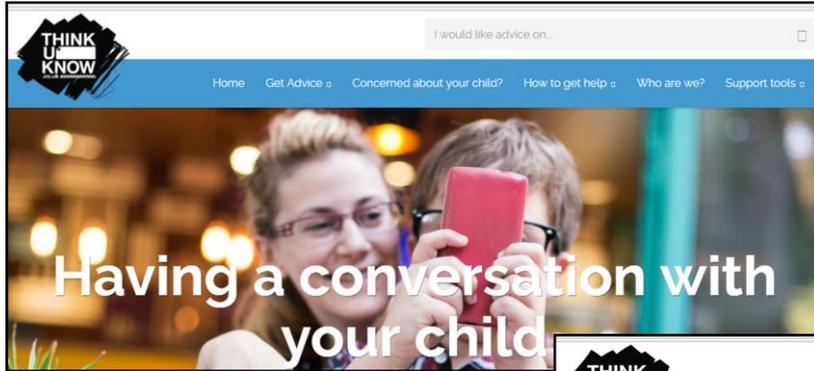
FILM 1: BLOCK HIM RIGHT GOOD ALFIE!

*Are your kids
safe online?*

Band Runner



Resources for Parents and Carers



Chat little and often

- Talk to your child about their life online
- Take the opportunity to talk to them about how to stay safe
- Explain any worries you may have



Remind them to report anything worrying

- Make sure they know they can come to you
- Help them identify trusted adults
- Let them know you won't blame them

Take some practical steps

- Create a family agreement and regularly review
- Use parental controls
- Direct your child to age appropriate information



Staying up to date:



@CEOPUK

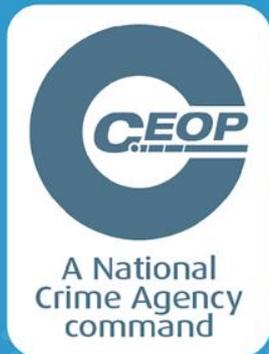


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www.ceop.police.uk/safety-centre

Please contact the CEOP Education team directly at ceopeducation@nca.gov.uk if you have any queries or feedback on the training you have received.